

ATEP 291 – Pre-Professional Practicum in Athletic Training
James Madison University – Department of Health Sciences
Spring 2014
2 credits; Wed 3:30-5:30 p.m.

Instructors:

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Location:

HHS 1301 & HHS 2018 (possibly HHS 0303/0304 at times)

Required Texts:

- Hoppenfeld: Physical Examination of the Spine and Extremities- Prentice Hall
- Perrin: Athletic Taping and Bracing- Human Kinetics
- ATEP 291 Packet (posted on Canvas)
- ATP Pre-Professional Handbook (Posted on Canvas)

Required Supplies:

We will provide you with materials.

Course Description:

This course is designed to help students better understand the duties and responsibilities of the athletic trainer. By focusing on psychomotor skills and the application of didactic knowledge, students build a foundation which prepares them for future clinical rotations.

Purpose of Course:

The purpose of this course is to help the student understand the duties and responsibilities of the athletic trainer. The pre-professional phase involves gaining practical experience in the athletic training environment at James Madison University as well as learning preliminary skills used in athletic training.

Objectives:

Upon completion of this course, the student should be able to:

1. Properly locate and identify anatomical landmarks associated with different parts of the human body.
2. Correctly position the athlete to apply various supportive/protective tapes or wraps.
3. Correctly and efficiently perform specific supportive and protective tapes and wraps for various joints.
4. Demonstrate Universal Precautions as a means of infectious control.
5. Demonstrate the construction of foam or felt padding in the protection or prevention of an athletic injury.
6. Demonstrate the ability to take and record a thorough patient history in an injury evaluation.
7. Correctly assess an athlete's vital signs.
8. Instruct an athlete as to the proper techniques when transporting or ambulating in weight bearing and non-weight bearing situations.
9. Position the athlete properly for increasing flexibility and apply the correct tension for the designated muscle(s).
10. Inspect rehabilitation equipment for safety, set up equipment, position the athlete correctly on the equipment, adjust the settings properly, and properly document rehabilitation exercises.
11. Demonstrate a basic understanding of modalities (i.e. ice, heat, whirlpool, paraffin)

Hours Requirement: (turn into Erica and Kaitlyn)

Students enrolled in ATEP 291 are committed to participating in approximately 9-12 hours each week in the JMU Department of Sports Medicine and with a JMU certified athletic trainer. *(To receive maximum points for observations on your application, you should complete at least 100 observation hours this semester).* These observations will take place during 4 three week rotations, as scheduled by Erica and Kaitlyn. Each student will be responsible for his or her own hours, and for effective communication with their assigned sports medicine staff. **We hope that you can observe a variety of events including daily treatments, games, practices, and scheduled rehabilitation.**

Before beginning rotations, each student must complete bloodborne pathogens training, orientation to the athletic training rooms/program, and completion of the Volunteer Consent and Confidentiality forms (all verified by Erica and Kaitlyn). These requirements will be discussed further in class.

Appropriate Professional Terminology for the Profession:

As athletic trainers, we are continually misunderstood or confused with personal fitness trainers, coaches, etc. Therefore, we strive to promote our profession as health care professionals through our actions, conduct, and the professional terminology we use. We ask, therefore, that you work diligently to refer to our profession with the correct terminology. In fact, each incorrect verbal term may result in a contribution to the “quarter jar” and each written mistake results in a grade reduction. The following terms are terms you should concentrate on:

Professional/Appropriate Terminology	Incorrect or Unprofessional Terminology
“Athletic training room”	“training room”
“Athletic trainer” or “certified athletic trainer”	“trainer”
“Athletic training students”	“Student athletic trainers” or “student trainers”
“BOC” examination	“NATABOC” examination
“CAATE accreditation”	“CAAHEP accreditation or JRC-AT accreditation”
“Clinical education experience”	“work”
“AT”	“ATC” (ATC is for the credential only)
“Preceptor”	“CI/CI”

Performance Standard and Evaluations/Assignments:

Students will be evaluated on the following:

1) Final Examinations (given at the end of the semester)

Written exam: 100 pts.

Practical Exam: 50 pts.

2) Quizzes

9 quizzes (10 pts each) = 90 pts. These quizzes will be unannounced. Absence from class will result in a zero – quizzes CANNOT be made up. Quizzes will cover the previous week’s lecture. Typically, you will have 10 quizzes with the lowest one dropped.

3) Journal 25 pts.

The journal is a paper describing your experience **in class, observations in the athletic training room, and any other thoughts about your athletic training experiences** this semester. The journal is to be type-written, double-spaced, in 10-12 font in which you discuss (ON A DAILY BASIS) what you did, what you learned, etc in each class and clinical observation experience. A rubric for the journal will be posted on blackboard during the semester. Please note, grade reductions will be given for each incidence of incorrect terminology used regarding the profession of Athletic Training (see above).

4) Skills Check-offs: 110 pts (10 points each)

These will be described for you in greater detail, but are to be completed with fellow students and your preceptors. Although you are often completing them during your observation times, please do not focus SO much on your skills checks that you don't experience everything around you. You should only work on your skills checks during "down" time when you are in your clinical settings.

Late check-offs (i.e. anything received after the time the assignments are submitted in class) will automatically receive half credit if submitted within the first week they are late (i.e. by the next class period). NO credit will be awarded after that time, **HOWEVER, in order to pass the class, ALL completed skills check-offs MUST be turned in.**

5) Attendance and Participation (25 pts.)

(Includes classroom attendance and participation as well as attendance and participation at clinical observations as scheduled).

6) Observation hours (60 pts)

You will receive a total of 60 points for your observation experiences. Fifty (50) of the points will be awarded for completing a minimum of 100 observation hours. The percentage of the 100 hours completed will be reflected in the total points awarded. Five (5) pts will be deducted for each conduct policy violation that is reported (some examples might include, but are not limited to, use of cell phones during clinical times, repeated tardiness/no-shows, being sent home due to inappropriate attire, or being reprimanded for inappropriate interactions or conversations with athletes).

The remaining 10 points will be given for your clinical observation evaluations (from the preceptors). Full points will be given for all four evaluations submitted with favorable comments/scores. Points will be deducted for less-than-favorable evaluations.

Students who decide to discontinue their pursuit of AT after the drop deadline will discontinue any remaining clinical observation hours but will be allowed to remain in the course if they wish. The points awarded for the observation hours will be calculated according to the percentage of hours the student should have acquired at that point in the semester. [For example, if a student should have completed 60 hours at the time they want to discontinue, but they only completed 45 hours (75% of the possible hours at that time), they would receive 37.5% of the 50 points (75% of the points). The remaining 10 points will be scored in similar fashion according to the evaluations completed at the time of discontinuation].

Note: Anyone who is permanently removed from clinical observation experiences for repeated or egregious violations of athletic training conduct policies or for breach of confidentiality will receive ZERO points in this category and may risk receiving an “F” in the class.

7) Clinical Observation Assignments: (40 pts ... 10 pts each)

In order to stimulate conversation with the junior/senior students and your preceptors during your observations, four activities/assignments will be posted on Blackboard for you. You must complete a different assignment during each observation rotation until ALL the assignments are completed. These assignments can be completed in any order you prefer.

- a) Assignments 1, 2, and 3 will be a set of two questions (one for the junior or senior student at your venue, one for the preceptor) that will be posted on Blackboard for you. You must print out the questions, then write the responses given by the junior/senior and your preceptor. The student and the preceptor **MUST** sign your paper/answer before you submit it.
- b) A scavenger hunt will be provided in which you must attempt to locate each item on your own within the ATR. If you cannot find something, ask about it once you have exhausted your search. Once you have located these items, you must **show** the junior/senior where the items are located (*show them, don't just tell them*). The junior or senior student must initial each item found.

Assignments will be collected the next class period after each rotation ends. Late assignments will not be accepted as students have ~4 weeks to complete each assignment.

TOTAL: 500 pts.

Grading System: The grade scale listed below will be used for this class.

A = 470-500 pts	B = 420-434 pts	C = 360-379 pts
A- = 450-469 pts	B- = 400-419 pts	D = 325-359 pts
B+ = 435-449 pts	C+ = 380-399 pts	F = 0-324 pts

Language Policy: At no time during class should you be using unprofessional language. This includes words as “mild” as “damn,” “hell,” “sucks,” etc. If inappropriate language is used during a practical exam, the exam is immediately ended, the examinee receives an “F,” and a make-up exam is scheduled (with “75%” being the starting/maximum grade achievable for the retake). Inappropriate language at other times during class may result in your being excused from class. Thank you in advance for working on this aspect of your professionalism.

Violations of the Honor System

All work submitted for academic credit in this class is subject to the provisions of the JMU honor system. Academic honesty is taken very seriously in this and all ATEP courses. Any violations in academic honesty can result in failure of the course and unsuccessful admission to the ATEP. Questions concerning academic dishonesty should be directed to the instructor and the JMU handbook. Questions concerning the honor system should be directed to the honor council, at www.jmu.edu/honor or (540) 568-6383.

Accommodation Requests:

If you have any condition, such as physical, mental or learning disabilities which may compromise your ability to carry out the coursework as outlined, or to participate in laboratories, or if you require extra time on examinations, please notify me, Dr. Paula Maxwell, during the first two weeks of the course to discuss appropriate arrangements or reasonable accommodations. In addition, please make sure you are registered with the Office of Disability Services, Wilson Hall, Room 107, 568-6705, and provide me with an Access Plan letter outlining your accommodations.

The Director of Disability Services, Ms. Valerie Schoolcraft (568-6705, Wilson 107) is JMU's designated ADA compliance official. Any student who, because of a disabling condition, may require some special arrangements in order to meet course requirements, should contact Ms. Schoolcraft in order to secure accommodations. An initial prerequisite to receiving any necessary accommodations is completed documentation on file with the Office of Disability Services.

Classroom Conduct

Overall Class Dress Code Policy: During the labs, you will normally be required to dress in shorts in order to practice the tests on each other. Please use discretion in what you wear. Underwear must be worn under shorts at all times but should not be visible to others, and shorts must be appropriate in length (i.e. professional). Shirts with inappropriate advertisement or language are not allowed. Students must dress appropriately at all times during lecture classes as well. Please do not wear clothing that shows skin on the belly or back when bending ... and if cleavage is showing, please put something on over your shirt for class. Please make this a practice in all Athletic Training classes.

University-wide Class Conduct Expectations:

In order for all students to benefit maximally from the classroom experience, everyone must behave in a mature, professional manner. The following guidelines are provided to assist in making the classroom experience beneficial for all students.

1. All cell phones and pagers must be turned to vibrate or silent during class time. If a student feels it necessary to answer a phone or open a text during class time (i.e. you are anticipating some type of emergency update), that student must exit the classroom to do so. The instructor of the class will determine if a student's pattern of responding to a phone or text is becoming problematic.
2. If laptop use is desired (and permitted), the student must secure permission from the instructor before using a laptop during class time. If permission is granted, the laptop must be used for

- class-related activities ONLY. (Laptop users will most likely be asked to sit in the front of the classroom).
3. All pre-class activities must cease by the official class start time.
 4. Talking, other than asking a question, (or passing notes) during the class period is considered disruptive.
 5. Additional descriptions of disruptive behavior include, but are not limited to:
 - eating in class
 - monopolizing discussions
 - failure to respect others
 - chatting
 - constant questioning
 - overt inattentiveness
 - sleeping
 - reading the newspaper
 - using laptops for non-class-related activities
 - using phones
 - texting on phones
 - doing work not related to class
 - creating excessive noise
 - leaving class early
 - poor personal hygiene
 6. Additional rules and regulations associated with student conduct are detailed in the University's Student Handbook.
 7. Failure to abide by all of these rules and regulations may lead to a variety of disciplinary actions including but not limited to:
 - a. a failing grade
 - b. removal from this class
 - c. a summons to appear before the Judiciary Council
 - d. being placed on probation
 - e. and/or expulsion from the university.

Inclement Weather Policy

Should a class or exam be cancelled due to inclement weather, the class or exam will be made up on the next class day. If the final exam is cancelled due to weather-related issues and an alternate date is not available, the students will be given options for completing the class. Options **might** include receiving the grade they have achieved up to that point in the semester or taking an on-line exam.

Additional Policies: Please see www.jmu.edu/syllabus for additional University policies regarding Academic Honesty/Honor Council, Adding/Dropping Courses and Religious Observance Accommodations.

Tentative Course Outline ... (Schedule MAY change, but changes will be announced):

Date	Class Topic	Due
1/15	Course Intro, Review of Pre-Prof Packet, Application Overview, Clinical Expectations, Senior students talk about Pre-Prof experience, BBP training	
1/22	Documentation, Patient History, SOAP Notes	Bloodborne Pathogens Training must be completed by class time. (Will be verified by the PD and GAs).
1/29	Rehab equipment, modalities *Class will tentatively meet @ 7:30PM in Godwin ATR – room 128* instead of regular time.	
2/5	Foot and ankle palpations	Patient History Check-Offs
2/12	Foot and ankle palpations and taping/wrapping	Rehab & Modalities Check-Offs
2/19	Foot and ankle taping/wrapping	
2/26	Knee and hip palpations	Foot & Ankle Palpation Check-Offs
3/5	Knee and hip wrapping/additional taping	Foot and Ankle Taping/Wrapping Check-Offs
3/12	Spring Break NO CLASS!!	
3/19	Spine, face, & neck palpations	Knee & Hip Palpation Check-Offs
3/26	Shoulder and elbow palpations	Knee and Hip Taping/Wrapping Check-Offs
4/2	Shoulder & elbow taping/wrapping, and wrist & hand palpations	Spine, Face, & Neck Palpation Check-Offs
4/9	Wrist and hand taping/wrapping	Shoulder and Elbow Palpation Check-Offs
4/16	Flexibility, pad construction Vital Signs, transportation and transfer	Shoulder & Elbow Taping/Wrapping Check-Offs, and Wrist & Hand Palpation Check-Offs
4/23	Group interviews for application	Wrist and Hand Taping/Wrapping Check-offs
4/30	Final Exam Review	Flexibility Check-Offs, Pad Construction Check-Offs, and Vital Signs, Transportation, and Transfer Check-Offs *JOURNAL DUE*
5/7	Final Exam – Written and Practical 3:30-5:30 p.m.	

**** Applications for ATP professional phase due – April 1**

**** Application Interviews – Tentatively second week in April**

Clinical Rotation Schedule

I Jan 20-Feb 9

III March 3 – April 6

II Feb 10 – Mar 2

IV April 7 – April 30